**Matt Goodsell U16**

Matt brings to this team a diverse playing and coaching history including coaching in the far north.  He grew up playing competitive hockey in the eastern townships of Québec. He began coaching fifteen years ago in Iqaluit, Nunavut before moving to Greely and becoming involved with the MDHA in 2013. Over the past nine years, he has acted as either head coach or assistant coach with the MDHA Rep B program.

Matt’s coaching philosophy is largely based on players enjoying hockey while being committed to respecting themselves, their teammates and their competitors. Regardless of winning or losing, Matt believes that players will devote maximum effort and ultimately improve their individual skills if they are enjoying their experience.  Fair and clean play are important elements of hockey, and good sportsmanship is a necessity for a healthy team.  Through hockey drills and game strategy, Matt treats each player equally and will expect players to work hard, while teaching them that the team is stronger when they work together.  As a coach and a parent, he encourages open feedback and discussion from players and parents, with the goal of developing self-confidence and leadership skills in each player, both on and off the ice, that can be carried with them throughout their development.

Aside from the hockey itself, Matt feels that it is important for the players to give back to the community in which they live and play. Throughout the season, several volunteer activities are scheduled.