**Patrick Walsh U18**

I have enjoyed all of my minor hockey career here in Metcalfe or Russell. I started with MDHA in IP and then played for the River Rats Rep B team combined with MDHA and RMHA players. I played with the River Rats until U16 and then played house league in Russell through to U21.

My first experience coaching minor hockey came last season as the assistant coach of the U16 Castor River Canucks. I'm excited to be returning to coaching this year as the head coach of the U18 group.

I plan to implement a coaching philosophy built on respect, teamwork, leadership and individual improvement, while continuing to promote the fun and competitive aspects of minor hockey that players love.

Last season was a great experience, and served as a reminder of how much hockey was missed over the past few years. I hope to maintain that same environment so that this U18 group can continue to benefit from the lessons hockey has to offer both on and off the ice.

**Potential Tournaments**

Oct 28-30, 2022 Sensplex Tournament Ottawa

Dec 2-4, 2022 Pembroke Silver Stick Pembroke