

## **Yves Roy U12**

I have been an avid hockey player for my entire life, playing up to the Junior Level. Upon completion, I went directly into coaching. I've been taking a lot of training and courses during the last couple of years which has helped shape me into the coach I am today. As a coach, I strive to be both a mentor and teacher to each player, instilling a strong work ethic, commitment to goal setting and respect for the game. Fitness and teamwork are of the utmost importance to me. I have a great passion for hockey and coaching and look forward to working with this group of players and families.

My coaching philosophy is "team" focus with a heavy emphasis on skills. Work hard individually and as a team for success on and off ice. We will be the hardest working team and we are going to have fun doing it.

### **Proposed Tournaments:**

Sept 29 - Oct 1	Capital Blues Hockey Fest	Orleans, ON
Nov 3 - 5	Belleville Mid-Season Tilt	Belleville, ON
Dec 26 - Jan 1	Bell Capital Cup	Ottawa, ON
Jan 19 - 21	Quebec Cup	Quebec City, QC