



## Metcalfe District Hockey Association Annual General Meeting Player Development Report 2023-2024

**Player Development Overview:** Player development this season included Tuesday night development sessions with Action Innovation and Goalie Development at Amped.

Player Development (Tuesdays) \$4350.50

Goalie Development (Tuesdays) \$4039.75

## **Total Development \$8390.25**

U9	4x 1 hr SESSIONS
U11	3x 1.5 hr 1x 1 hour SESSIONS
U13	4x 1.5 hr SESSIONS

House Goalie Training (Amped) \$4800.06

Rep Goalie Training (Amped) \$3000.04

**Total Amped Training \$7800.10** 

Total training and development: \$16,190.85





## Metcalfe District Hockey Association Annual General Meeting Coach Mentor Program Report 2023-2024

This season, we introduced the Coach Mentor Program (CMP). We had great success with seven players and seven coaches being involved. Two of the seven players were equipped with the required credentials to be on the bench during games.

The goal for next season is to have all of our CMP players equipped with appropriate courses to enable them to be on the bench.