

Castor River Canucks AGM Report 2023/24

Metcalfe District Hockey Association

Head coaches for Canucks teams were interviewed and selected in the Spring of 2023 with the exception of U10 which was selected after tryouts were complete. The interview panel consisted of the VP of Competitive from RMHA, MDHA and LMHA (for select ages) as well as the incoming VP of Competitive for RMHA and another MDHA Board member. Hosting of each team remained the same as the previous year with the exception of U15 (2009 birth year) which continued to be merged with and hosted out of Leitrim. LMHA was part of the Rep B agreement for the U15 and U16 age groups only.

Canucks tryouts started on Sunday September 3rd, 2023 with goalies from U12-U16. Goalie evaluations were combined with Go Blues and Leitrim for cost and time savings. The combined evaluation was run by Capital Goalie School Inc.

Player evaluations started the following day. All players were evaluated by the selected Head coach for that age group, their chosen evaluators and 2-3 independent evaluators chosen by the VPs of Competitive from MDHA and RMHA. Every player was given at least two ice times for evaluations before any releases were made. Continuations for tryouts were posted on the MDHA website although communications via email were also done throughout the process. The final rosters were posted on the MDHA website and emails were sent to the players and goalies selected for each team. The U10 team was selected using the same process for evaluations, however, the evaluators were chosen by VPs from MDHA and RMHA.

U10 and U11 age groups started with four “rust-off” sessions each one hour long which began on September 9th. Tryouts for these age groups followed the rust off sessions on September 18th. The tryout process was the same as it was for the U12-U16 age groups.

The U18 age group started their tryouts with exhibition games on September 30th and rosters were finalized by early October.

There were 5 Canucks teams hosted by MDHA and 2 teams hosted by RMHA. The merged U15 team was hosted by LMHA and were branded as Leitrim Hawks.

The regular season found our teams in the following positions before playoffs:

U10 – 14 of 14

U11 – 2 of 15

U12 – 2 of 14

U13 – 12 of 16

U14 – 6 of 14

U16 – 9 of 12

U18 – 3 of 14

Thank you to all of the Canucks volunteers, without your tireless work the Canucks would not be a success. I look forward to see you all at the rinks next season.

Julia Tuff

VP of Competitive

MDHA / Castor River Canucks