

## Castor River Canucks AGM Report 2024/25

### Metcalf District Hockey Association

Head coaches for Canucks teams were interviewed and selected in the Spring of 2024 with the exception of U18 which was selected in September. The interview panel was put together by the VP of Competitive from RMHA and MDHA and consisted of a number of different people with hockey backgrounds. Hosting of each team remained the same as the previous year with the exception of U16 (2009 birth year) which continued to be merged with and hosted out of Leitrim. LMHA was part of the Rep B agreement for the U16 age group only.

Canucks tryouts started on Sunday September 1st, 2024 with goalies from U12-U15. Goalie evaluations were combined with Blues and Leitrim for cost and time savings. The combined evaluation was run by Capital Goalie School Inc.

Player rust offs started the following day. All players from U12-U15 were given at least one hour of "rust off" ice before evaluations began. All players were evaluated by the selected Head coach for that age group, their chosen evaluators and 2-3 independent evaluators chosen by the VPs of Competitive from MDHA and RMHA. Every player was given at least two ice times for evaluations before any releases were made. Continuations for tryouts were posted on the MDHA website although communications via email were also done throughout the process. The final rosters were posted on the MDHA and RMHA websites and emails were sent to the players and goalies selected for each team.

U10 and U11 age groups started with four "rust-off" sessions each one hour long which began on September 10<sup>th</sup>. Tryouts for these age groups followed the rust off sessions on September 17<sup>th</sup>. The tryout process was the same as it was for the U12-U16 age groups.

The U18 age group started their tryouts with exhibition games on September 28<sup>th</sup> and rosters were finalized by early October. Separate goalie evaluations were done for U18 with the same goalie evaluation company (Capital goalie School)

There were 5 Canucks teams hosted by MDHA and 2 teams hosted by RMHA. The merged U16 team was hosted by LMHA and were branded as Leitrim Hawks.

The regular season found our teams in the following positions before playoffs:

<b>U10</b> – 12 of 14	<b>U11</b> – 6 of 14	<b>U12</b> – 3 of 15 ( <b>League Champions!</b> )
<b>U13</b> – 3 of 15	<b>U14</b> – 8 of 18	<b>U15</b> – 11 of 15
<b>U18</b> – 8 of 15		

Thank you to all of the amazing volunteers, without your tireless work the Canucks would not be a success. I look forward to see you all at the rinks next season.

Julia Tuff

VP of Competitive

MDHA / Castor River Canucks