

MDHA – Metcalfe District Hockey Association  
Executive Meeting Minutes  
November 17, 2025

Monday, November 17<sup>th</sup>, 2025 @ 7pm

Metcalfe Arena – Upstairs Hall



**Call to Order**

The president called the meeting to order at 7:15pm.

**Approval of Minutes of Previous Meetings**

August 25<sup>th</sup>, 2025 & Oct 6<sup>th</sup>, 2025

Approved by Julia, seconded by Andrea.

**VP of Discipline, Risk & Safety**

- 1) Discussion on the Rule of 2
- 2) Any questions regarding Rule of 2, or any disciplinary matters should be addressed directly with Roshan or Ward in Roshan's absence.
- 3) Report attached in Appendix 1

**VP of Competitive**

- 1) Issue has been brought up from Rep that there is not enough ice provided and would like clarity on how the money is spent from registrations.
- 2) Confirmed that Rebecca & Julia would work together to provide a breakdown and explanation on how ice is divided amongst all teams within MDHA

**VP of House Operations**

- 1) No issues to report.

### **President's Report**

- 1) Affiliations – a reminder is to be sent by convenors to all coaches & managers that when requesting a child to affiliate for a game, coaches should be contacting the child's coach, and not the parents first.
- 2) Referees – reminders to be sent by convenors to all coaches & managers to respect the referees and not ambush and accost them both on & off the ice.

### **Convenor Reports**

**U7** – No issues. All teams are on an equal rotation for 7am, 8am, & 9am practices.

**U9** – Nathaly was not in attendance but sent the following report.

- A few issues with game switches in which the requesting team is not notifying the opponent.
- Photos & PHL cards have all been distributed

**U11** – No issues to report

**U13** – No issues to report

**U15** - No issues to report

**U18** - No issues to report

**U21** - No issues to report

### **Fundraising**

- 1) Hockey day in Metcalfe, still finalizing schedule
- 2) Breakfast & Santa scheduled for the morning, raffle baskets to be prepared by each team – more information to come on this, ie. Theme, amount etc.
- 3) Pub night, DJ has been secured and will work for donation only (Thanks Maryam!)

### **Treasurer**

- 1) Report attached in Appendix 2

**Player Development/Coach Mentor**

- 1) HEO clinic scheduled for Nov 23<sup>rd</sup> in Vernon. Good turnout.

**Equipment & Merchandise Coordinator**

- 1) Teams to reach out to Jay if they would like to order pins

**Tournament Coordinator**

- 1) Adrienne was not in attendance but provided the following update
- 2) Tournaments – U18A 4 spots available, U18B 1 spot available, U7 sold out

**Adjournment**

Motion to adjourn by Todd

- Moved by Maryam

Next Scheduled Meeting: Date TBD, will be via WebEx in December

MDHA – Metcalfe District Hockey Association

Executive Meeting Minutes

November 17, 2025

<b>Position</b>	<b>Name</b>	<b>Attendance (Present/Regrets)</b>
President	Ward Mallon	P
Past President	Julianne Oelke-Simonsen	R
VP – House Operations	Todd Lockett	P
VP – Discipline, Risk & Safety	Roshan Abraham	P
VP – Competitive	Julia Tuff	P
Registrar	Tamara Brittain	P
Ice Convenor	Jason Poloski	P
Treasurer	Rebecca Young	P
Secretary	Sarah Ladouceur	P
Convenor – U7	Andrea Piquette	P
Convenor – U9	Nathaly Larter	R
Convenor – U11	Melissa Dow / Andrew Penner	P/R
Convenor – U13	Jessica Dearden	P
Convenor – U15	Stacey Heins	P
Convenor – U18	Adam Baker	P
Convenor – U21	Maryam Sugrue-Foubert	P
Equipment & Merchandise Coordinator	Jay Kennedy	P
Player Development / Coach Mentor	Nick Pomainville	P
Fundraising Coordinator	Tanya Leger	P
GHA Convenor	Chris Rheaume	P
Webmaster	Darryl Swerbrick	P
Tournament Coordinator	Adrienne Duncan	R
Financial Assistance Coordinator	Caitlyn Pomainville	R

MDHA – Metcalfe District Hockey Association  
Executive Meeting Minutes  
November 17, 2025

Appendix 1  
Discipline, Risk & Safety Report

## **MDHA Discipline, Risk, and Safety Issues Status Report**

**Date:** 2025-11-17

**Prepared by:** Roshan Abraham

### **Summary:**

- There continues to be confusion and debate on both the Rule of 2 and the Video Review Policy following the coach/manager meeting. I've posted the specific language below. Please direct all coaches/managers with questions to the convenors and to me.
- Up to Oct 31<sup>st</sup> there have been 8 Rep Incidents and 1 House incident.
- There is one GHA hearing underway this month.
- 2 Medical reports have been shared.
- **Please note** I will be travelling with family overseas during Christmas (Dec 11-31<sup>st</sup>). Discipline issues will be handled by Ward.

1. **Rule of 2 and Player Supervision in dressing room – GHA R&R 21.16** - HEO and the GHA requires all Coaches/Bench staff and member Minor Hockey Associations (MHAs) to provide supervision for all Minor Hockey dressing rooms before, during and after all games and practices. HEO and the GHA requires that Minor players should be always supervised, HEO requires MHAs and their coaches to follow the "Rule of Two" method of supervision. A lone personnel member should never be in the dressing room with players at any time, especially when players are showering or changing: two adults should always be present together with line of sight. This is called the 'Rule of Two' method of supervision. Supervising personnel must be members of the team staff or adults who have completed either 'Speak Out' or the 'Respect in Sport' for activity Leader, the Gender Identity and Expression Course, and have submitted their yearly declaration to HEO [VSC &/or CRC]. Parents of all players should be made aware of the 'Rule of Two' method and avoid letting their children into unsupervised dressing rooms.

Violation of this rule will result in the immediate suspension of the Head Coach until he attends his District discipline hearing.

### **2. Video Review Policy**

- **Use of Video:** Intended to facilitate disputing a call, for use at a hearing, to exonerate, or for non-calls.

The President and the VP of discipline must review videos to eliminate any that are inconclusive.

- **Gilles' Comments:** There were 35-45 reviews from district 9 associations last year. Observer statements by email are usually ineffective; video is better.
  - Outcomes are as follows:

- 35-40% of calls are reduced
  - some are inconclusive due to bad quality, distance, or inaudibility.
  - Non-calls are beyond district 9's jurisdiction and only HEO has the authority to address. A fee of \$150 is required.
- NOTE: minimum suspensions can not be appealed; the only realistic option is to dispute the call with video evidence.
- **Roshan's thoughts –**
  - It is highly advised that the video should capture up to 30 seconds following the incident. This may not always be feasible or available, please discuss with myself or Ward.
  - It has been recommended that teams or families record on-ice action to assist with video reviews, as this is currently the only practical way to challenge a call. I would suggest our competitive teams should implement a strategy for video due to the number of calls. I personally feel house teams can take it on a case-by-case basis. i.e. If a player is on the verge of a category suspension (multiple calls in a specific category leading to multi-game suspension or if a coach feels a player is “flirting with the edge”, then the team/family should consider working out a strategy for more video. Again, please ensure the video extends beyond the action by about 30 seconds (it’s extremely helpful to the case)
  - I’ve included the workflows here and at the end of the document
-    
GHA Video Review Policy - House League

### 3. Discipline Issues: September/October Stats

#### B League

U14 CASTOR		GAME		
RIVER CANUCKS	2025-10-25	MISCONDUCT	(HEO) Charging (5+GM) - 7.4 (b)	3 game suspension
U14 CASTOR		GAME	(HEO) Checking from Behind	
RIVER CANUCKS	2025-10-19	MISCONDUCT	(2+GM) - 7.5 (a)	1 game suspension
U18 CASTOR		GAME		
RIVER CANUCKS	2025-10-19	MISCONDUCT	(HEO) Boarding (5+GM) - 7.2 (b)	1 game suspension
U18 CASTOR			(HEO) Coach Imposed 1 Game	
RIVER CANUCKS	2025-10-19	OTHER	Suspension	1 game suspension
			(OMHA - Ontario Minor Hockey	
U14 CASTOR		GAME	Association) Head Contact (Major	
RIVER CANUCKS	2025-10-11	MISCONDUCT	+ Game Misconduct) - 7.6 (b)	3 game suspension
			(OMHA - Ontario Minor Hockey	
			Association) Checking from Behind	
U14 CASTOR		GAME		
RIVER CANUCKS	2025-10-10	MISCONDUCT	(Minor + Game Misconduct) - 7.5	
U18 CASTOR		GAME	(a)	2 game suspension
RIVER CANUCKS	2025-10-01	MISCONDUCT	(HEO) Head Contact (5+GM) - 7.6	
			(b)	2 game suspension

U15 CASTOR GAME  
RIVER CANUCKS 2025-09-28 MISCONDUCT (HEO) Boarding (5+GM) - 7.2 (b) 1 game suspension

## House

METCALFE JETS GAME (HEO) Body Checking (5+GM) - 7.3  
U18 A1 2025-10-16 MISCONDUCT (b) 2 game suspension

- Looking forward - GHA suspended a U15 this last weekend and is scheduling a hearing. Details will be shared on the next report.

#### **4. Health and Safety Report:**

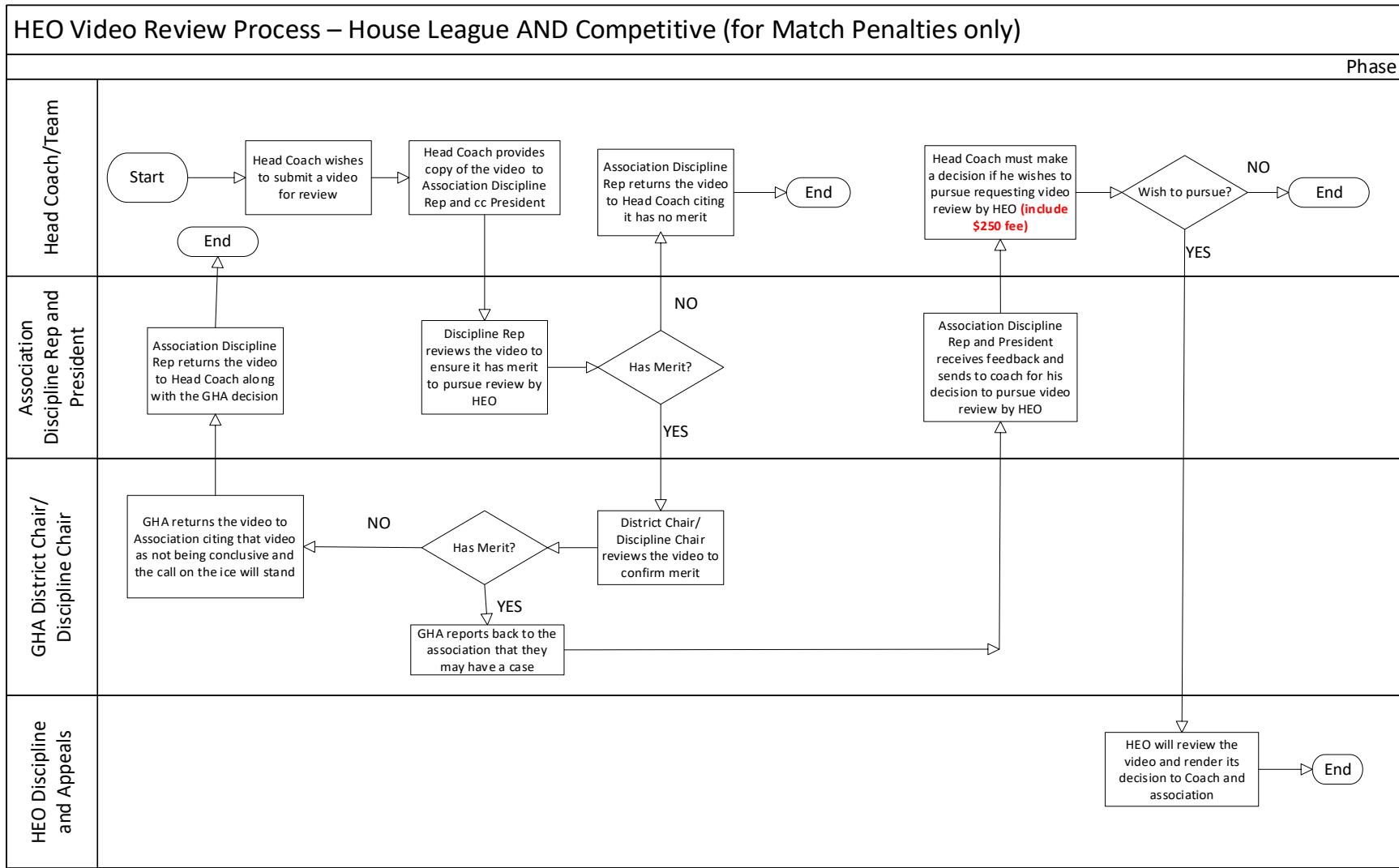
I have received notice that two players have submitted their physician reports. I do not need a formal report of every injury (note: the trainer needs to keep it for their records) but please ask the trainers to keep me in the loop for stats purposes and for whatever help I can provide with the claims process.

5. **Hockey Canada Rules and Regulations phone app** (iPhone/android) - I discovered that there is an iPhone/android app with the Hockey Canada rules and regs. Might be useful for our coaches – please share

6. **My upcoming travel** – I'll be going with family to the other side of the world from Dec 11-31<sup>st</sup> and will likely miss the next exec meeting. Ward will be point of contact for discipline issues while I'm away. I'll be intermittently checking emails but please expect a delayed response and no phone communication (facetime might work!)

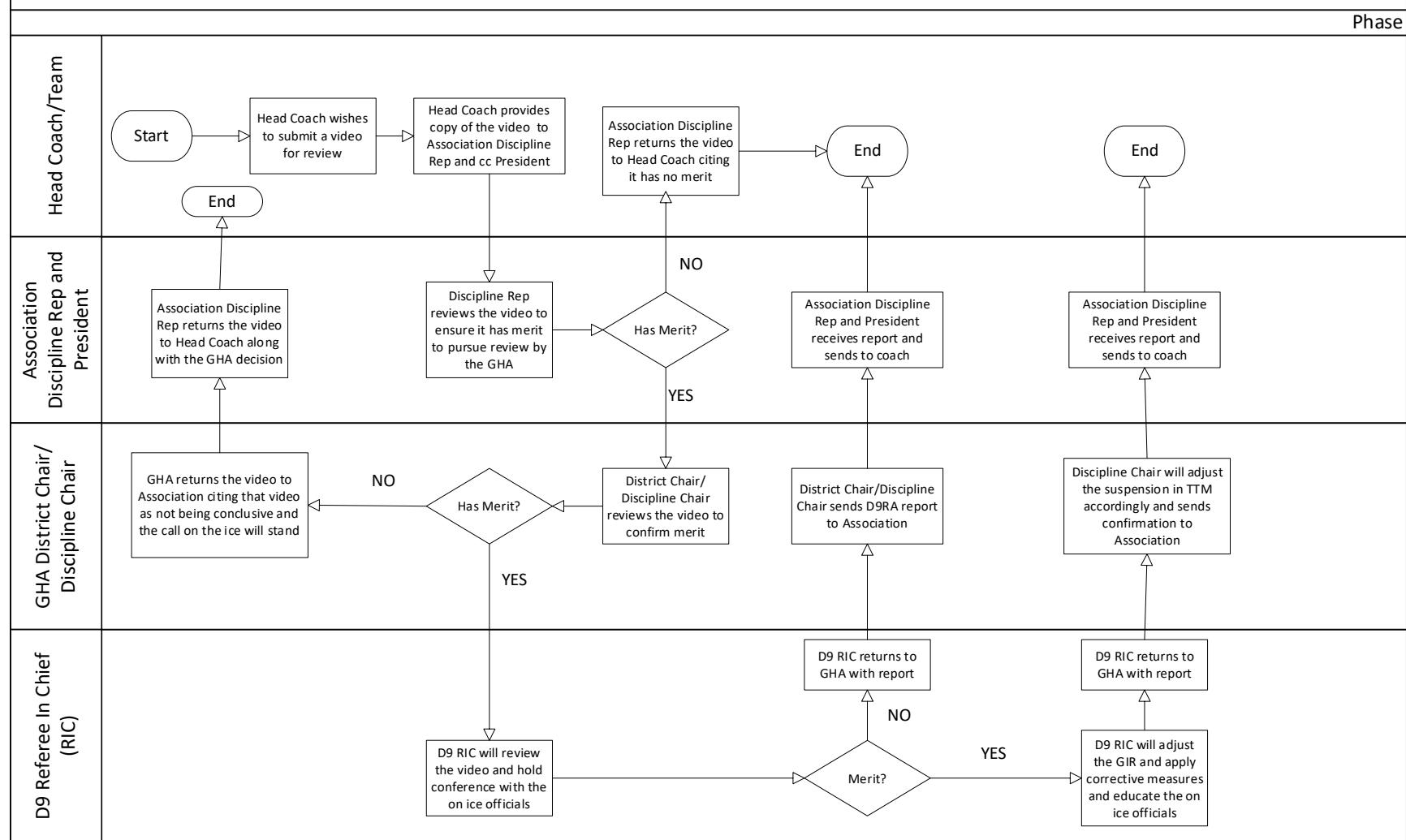
*Happy Holidays!*

## 8. Video Replay Process



9.

## GHA Video Review Process – House League (for majors and game misconducts only)



MDHA – Metcalfe District Hockey Association  
Executive Meeting Minutes  
November 17, 2025

Appendix 2

Treasurer Report



### Overview of Bank Status:

As of November 14<sup>th</sup>, 2025, the bank is sitting with a balance of **\$170,321.65**.

The following are payments where the cheques have yet to be cashed or operation payments that have been scheduled but the payment has not been sent:

Bank - Main Chequing Account Ending Balance: \$91,428.37						
Reconcile Status: Not Reconciled						
Date	Ref No.	Payee	Memo	Payment	Deposit	Type
07/11/2025		Benjamin Mann		293.80		Expense
07/11/2025		Benjamin Mann		56.50		Expense
10/11/2025		Roberto Lappa		248.60		Expense
11/11/2025		Bryan Giles		36.16		Expense
11/11/2025		Bryan Giles		214.70		Expense
14/11/2025		Sean Gibson	additional expense is for online payment fees	29.37		Expense
14/11/2025		Jennifer Groleau		39.55		Expense

### Outstanding Payables & Receivables

A/P Aging Summary Report						
Metcalfe District Hockey Association						
As of April 30, 2026						
Supplier	CURRENT	1 - 30	31 - 60	61 - 90	91 AND OVER	◆ Total
City of Ottawa - HALL RENTALS	-	-	135.57	-	1,526.33	1,661.90
Gloucester Hockey Association	-	-	-	-	78,744.49	78,744.49
Hockey Eastern Ontario	-	-	-	-	41,357.60	41,357.60
Township of North Dundas	-	-	-	11,032.44	-	11,032.44
<b>TOTAL</b>	<b>-</b>	<b>-</b>	<b>135.57</b>	<b>11,032.44</b>	<b>121,628.42</b>	<b>\$132,796.43</b>

Saturday, November 15, 2025 03:48 PM GMT-05:00



## A/R Aging Summary Report

Metcalfe District Hockey Association

As of April 30, 2026

Customer	CURRENT	1 - 30	31 - 60	61 - 90	91 AND OVER	◊ Total
Blues Hockey Association	-	-	-	-	-0.08	-0.08
Castor River Canucks	-	-	-	-	1,582.00	1,582.00
MDHA U15 B1	-	-	-	-	119.88	119.88
MDHA U7 Black	-	-	-	-	104.39	104.39
MDHA U7 Purple	-	-	-	-	73.51	73.51
MDHA U9 A	-	-	-	-	73.51	73.51
MDHA U9 B2	-	-	-	-	73.51	73.51
Sports Pay	-	-	-	-	6,947.50	6,947.50
U16 Canucks	-	-	-	-	3,300.00	3,300.00
<b>TOTAL</b>	-	-	-	-	<b>12,274.22</b>	<b>\$12,274.22</b>

Saturday, November 15, 2025 03:48 PM GMT-05:00

### GIC's

- \$80,000 for Jerseys put into an 18 month non-cashable GIC – will come due for renewal March 2026 (which is when it is expected to be needed for deposit on New Jersey Purchase)
- \$7,500 FAP – put into a rolling 1 year cashable GIC

### Other Administrative Notes:

- Nothing new to report



Where are we with Registration? **As of November 14<sup>th</sup>, 2025**

Total Registration Income is **\$459,777.25**

	U11	U13	U15 HL	U18 HL	U21	U7	U9
<b>Income</b>							
Registration Fees	60,013.75	74,938.75	69,817.50	80,031.25	11,040.00	47,641.00	70,613.75
District Transfer		-3,168.75	-5,455.00	-7,225.00			
Family Assistance Payments				820.00			845.00
<b>Total Income</b>	<b>\$ 60,013.75</b>	<b>\$71,770.00</b>	<b>\$64,362.50</b>	<b>\$73,626.25</b>	<b>\$11,040.00</b>	<b>\$47,641.00</b>	<b>\$71,458.75</b>
<b>Total House League Income</b>	<b>\$ 399,912.25</b>						
<b>Income</b>	<b>U10 Rep</b>	<b>U12 Rep</b>	<b>U14 Rep</b>	<b>U15 Rep</b>	<b>U16 Rep</b>	<b>U18 Rep</b>	
Registration Fees	850.00	770.00	2,120.00	560.00	0.00	2,445.00	
District Transfer							
<b>Total Income</b>	<b>\$ 850.00</b>	<b>\$ 770.00</b>	<b>\$ 2,120.00</b>	<b>\$ 560.00</b>	<b>\$ 0.00</b>	<b>\$ 2,445.00</b>	
<b>Total Rep Income</b>	<b>\$ 6,745.00</b>						
	<b>Camps &amp; Clinics</b>	<b>Rep Tryouts</b>	<b>U18 Rust Off Game</b>				
<b>Income</b>							
Registration Fees	17,300.00	35,820.00	400.00				
<b>Total Income</b>	<b>\$ 17,300.00</b>	<b>\$35,820.00</b>					
<b>Other Reg. Income</b>	<b>\$ 53,120.00</b>						

**Rebecca Young**

Treasurer - MDHA