



Call to Order

The president called the meeting to order at 7:05pm.

President's Report

GHA Board Meeting

- There was a discussion about splitting the U10 Rangers into AA and A levels starting next season.
- For U9, there have been issues with penalties not being called during full ice games, even when there are clear infractions. Referees will be asked to take penalties more seriously for U9 games.
- Abuse of officials is up 18% across the GHA. Please remind coaches to help keep players in line.
- Some parents have been talking to their child in the referee's room when their child is refereeing a game. Please remind parents that this is not allowed.
- Leitrim is having trouble fielding teams because of injuries. The affiliation rule will be changed so affiliates can play more games. The MDHA President suggested allowing cross affiliations for house league, such as Metcalfe players joining Leitrim teams for games, but this was not approved.
- There are still some issues with the HEO validation portal for uploading documents and criminal record checks.
- The Blackburn U13A tournament does not have enough teams. The President suggested creating a travel team from the U13 house teams, but this idea was not approved. The President plans to bring up this option again at the parents' meeting.
- MDHA will be receiving money from World Juniors last year but must first provide GHA with details on how the money will be used. Suggestions for spending the funds (approx. \$5000-\$10,000) are welcome.
- The next GHA presidents' meeting will be in February.

VP Competitive

New structure to be presented for 2026-27.

- The Canucks are inquiring about why they aren't their own organization—like the Osgoode Romans. There is consideration to establish the Canucks as an independent association. This would support the growth of the Rep B program.
- Proposal presented to the MDHA Executive Board tonight and to Russell's tomorrow.
- Seeking approval from the president to present the proposal to Reg, and subsequently to the GHA. The plan involves creating a new board, with more details regarding to be determined following initial approvals.
- Most surveyed Rep B parents expressed concerns about limited ice time.
- Currently, there is less ice time overall and significant workload on the Rep Board. Having a dedicated board would likely increase its success. While there may be a rise in registration and/or team costs, this structure would allow for greater transparency and potentially more ice time, including the benefit of having a dedicated ice scheduler.
- Registration would be managed independently, with collaboration needed to ensure Hockey Canada insurance coverage during the registration process.
- Comment - Some hesitation exists, as there is concern about giving the impression that GHA intends to cancel the Rep B program.
- It is important to clarify that the new organization would remain under the MDHA and Russell's umbrella, but its board would operate independently from the current structure. The current workload for the two VPs is considerable.
- Individual players would continue to be held accountable by their home association for disciplinary matters.
- Question- If we amend the constitution and by-laws, must this wait for AGM meeting? Additionally, how would this address the ice situation following Metcalfe's closure?
 - Comment – there still may be a shortage of ice with Metcalfe closed and wouldn't necessarily solve the ice problem.
- Comment - All details should be fully outlined before seeking final approval.
- Comment - Many functions will continue to overlap and must be more clearly defined.
- Comment - A final vote of approval from the MDHA board would be necessary. The proposal would also need to be presented and voted on at the AGM.
 - **Initial approval vote from MDHA Board – 13 votes in favour.**

VP House

- A parent survey will be distributed to gather feedback on the season.
- VP House has the Square terminal devices for debit and credit payments. The software can generate reports detailing the total amount received from transactions.
- The Square terminal is ready to be used at the next pub night.
- An invoice was received regarding the copyright for the Canucks and Metcalfe Jets logos.

VP Discipline

- **See Appendix I for full report**
- 2 suspensions from other associations.
- In a November game, a U18 player was significantly injured with a concussion and was unconscious.
- Coaches may be confused about when to get the game started again vs. calling the game after a significant injury. i.e., an unconscious player on the ice.
- It can be difficult at first to identify concussions.
- The player was transported to CHEO.
- Suggestion for coaches to advocate caution and call 911, as they will be treated differently going by ambulance than if the player arrives on their own at the hospital.
- MDHA be reviewing which injury protocol documentation THAT should be sent to coaches for GIR. Working with CHA and Hockey Canada to update guidance.
- Need clearer injury protocol guidance from Hockey Canada on moving the child, etc.
- Should there be a clear guideline for when someone should call 911 for injuries?
 - Only reply in the GIR if there have been injustices, unless the child's parent self-declares, as per the injury protocol.
 - Comment - Trainer Guidance is supposed to indicate that it is the trainer to make the discussion to make the call to 911 or not.

Fundraising

Pub night

- A volunteer sign-up sheet has been created.
- Currently, only one volunteer has signed up. There are four board members volunteering in total.
- Ward is required to attend, as his name appears on the liquor license.

- Julia has Smart Serve certification and will act as bartender. Alcohol will be picked up soon. We hope to have a volunteer to help with food and supplies.
- A question was raised about whether there will be items for kids to purchase (such as candy). Unfortunately, there will not be, as we do not have enough volunteers to organize this.

Ice Convenor

- Reported the Ice Convenor will provide an ice update in the coming week and will be scheduling playoff games.

Convenor Reports

U7 – No issues to report.

U9 – Nathaly was not in attendance.

U11 – No issues to report.

U13 – No issues to report.

U15 – No issues to report.

U18 – Cleared a player to be able to participate again (medical).

U21 – Provided pub night update.

Round table

Fundraising Coordinator – There is have \$400 to spend at Pro Hockey Life, and the credit expires at the end of the season. If you have suggestions on what to purchase, please contact Jay, who will coordinate with the team to finalize what we may need.

Webmaster – Will resend VP House the link to the parent’s survey.

Tournament Coordinator – Information about the U18 tournaments was posted on the MDHA social media. The schedule is ready. The U7 March Fun Day is sold out.

Past President - Waiting to confirm the ice time(s) for the Grad games. We have all the players' emails address to send communication.

Equipment Merchandise Coordinator - McDonald's jerseys have been ordered for next year. The President noted that HEO is giving away goalie gear, and we have signed up to see if we may receive some. We will raffle off hockey sticks at the U18 tournaments. A batch of Metcalfe Jets pucks has also been ordered for use.

Treasurer - Rep B's top up funding is expected to be received in February. We will soon receive a bill for Amanda Cooper for \$3,000. Once received, the invoice will be sent to Nick to confirm the dates and payments. We are also waiting on two invoices from Accent Logo for Canuck/Metcalfe pins and pucks.

Adjournment

Next Scheduled Meeting : TBD

MDHA – Metcalfe District Hockey Association
 Executive Meeting Minutes
 January 19, 2026

Position	Name	Attendance (Present/Regrets)
President	Ward Mallon	P
Past President	Julianne Oelke-Simonsen	P
VP – House Operations	Todd Lockett	P
VP – Discipline, Risk C Safety	Roshan Abraham	P
VP – Competitive	Julia Tuff	P
Registrar	Tamara Brittain	P
Ice Convenor	Jason Poloski	R
Treasurer	Rebecca Young	P
Secretary	Sarah Ladouceur	R
Convenor – U7	Andrea Piquette	P
Convenor – U9	Nathaly Larter	R
Convenor – U11	Melissa Dow / Andrew Penner	R/P
Convenor – U13	Jessica Dearden	P
Convenor – U15	Stacey Heins	P
Convenor – U18	Adam Baker	P
Convenor – U21	Maryam Sugrue-Foubert	P
Equipment Merchandise Coordinator	Jay Kennedy	P
Player Development / Coach Mentor	Nick Pommainville	P
Fundraising Coordinator	Tanya Leger	P
GHA Convenor	Chris Rheaume	R
Webmaster	Darryl Swerbrick	P
Tournament Coordinator	Adrienne Duncan	P
Financial Assistance Coordinator	Caitlyn Pommainville	R

Appendix 1

Discipline, Risk & Safety Report

MDHA Discipline, Risk, and Safety Issues Status Report

Date: 2025-1-19

Prepared by: Roshan Abraham

Summary:

- We have suspended a coach for failing to adequately follow the supervision provision of the rule of 2.
- Up to Dec 31st there have been 15 Rep Incidents and 7 House incident.
- There has been 2 MDHA hearings this month.
- 2 concussions occurred during a u18 house game, leading to a ref complaint that has been socialized with Hockey Canada by the GHA Discipline rep.

1. **Rule of 2 and Player Supervision in dressing room – GHA R&R 21.16** - HEO and the GHA requires all Coaches/Bench staff and member Minor Hockey Associations (MHAs) to provide supervision for all Minor Hockey dressing rooms before, during and after all games and practices. HEO and the GHA requires that Minor players should be always supervised, HEO requires MHAs and their coaches to follow the “Rule of Two’ method of supervision. A lone personnel member should never be in the dressing room with players at any time, especially when players are showering or changing: two adults should always be present together with line of sight. This is called the 'Rule of Two' method of supervision. Supervising personnel must be members of the team staff or adults who have completed either 'Speak Out' or the 'Respect in Sport' for activity Leader, the Gender Identity and Expression Course, and have submitted their yearly declaration to HEO [VSC &/or CRC]. Parents of all players should be made aware of the 'Rule of Two' method and avoid letting their children into unsupervised dressing rooms.
 - a. MDHA has suspended a coach for a game for following to abide by the supervision policy.
 - b. GHA Discipline chair has shared Blackburn, and the East End Storm have also suspended coaches for failing to abide by the supervision policy.

2. Discipline Issues: September/October Stats

B League

U14 CASTOR RIVER CANUCKS	2025-12-19	GAME MISCONDUCT	(HEO) Checking from Behind (2+GM) - 7.5 (a)	1 game suspension
U12 CASTOR RIVER CANUCKS	2025-12-11	GAME MISCONDUCT	(HEO) Checking from Behind (2+GM) - 7.5 (a)	2 game suspension
U15 CASTOR RIVER CANUCKS	2025-12-07	GAME MISCONDUCT	(HEO) Boarding (5+GM) - 7.2 (b)	3 game suspension
U18 CASTOR RIVER CANUCKS	2025-12-06	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U14 CASTOR RIVER CANUCKS	2025-12-02	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U14 CASTOR RIVER CANUCKS	2025-11-23	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U16 CASTOR RIVER CANUCKS	2025-11-23	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U16 CASTOR RIVER CANUCKS	2025-11-20	GAME MISCONDUCT	(HEO) Head Contact (5+GM) - 7.6 (b)	2 game suspension
U18 CASTOR RIVER CANUCKS	2025-11-16	GAME MISCONDUCT	(HEO) Fighting - 7.10 (b)	3 game suspension
U14 CASTOR RIVER CANUCKS	2025-11-13	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U15 CASTOR RIVER CANUCKS	2025-11-11	GAME MISCONDUCT	(HEO) Checking from Behind (2+GM) - 7.5 (a)	1 game suspension
U18 CASTOR RIVER CANUCKS	2025-11-09	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
U16 CASTOR RIVER CANUCKS	2025-11-06	GAME MISCONDUCT	(HEO) Checking from Behind (2+GM) - 7.5 (a)	1 game suspension
U16 CASTOR RIVER CANUCKS	2025-11-02	GAME MISCONDUCT	(HEO) Check from Behind (5+GM) - 7.5 (b) (e)	2 game suspension

U15 CASTOR RIVER CANUCKS	2025-11-02	GAME MISCONDUCT	(HEO) Checking from Behind (2+GM) - 7.5 (a)	2 game suspension
-----------------------------	------------	-----------------	--	-------------------

House

METCALFE JETS U15 B1	2025-12-13	GAME MISCONDUCT	(HEO) Body Checking (5+GM) - 7.3 (b)	1 game suspension
METCALFE JETS U18 B3	2025-11-30	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
METCALFE JETS U18 B3	2025-11-30	MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (d)	No additional disciplinary action necessary
METCALFE JETS U18 B3	2025-11-30	GAME MISCONDUCT	(HEO) 2nd misconduct of game - 4.7 (c)	1 game suspension
METCALFE JETS U15 B1	2025-11-29	GROSS MISCONDUCT	(HEO) Discriminatory Slur - 11.4	5 game suspension
METCALFE JETS U18 A1	2025-11-25	GAME MISCONDUCT	(HEO) Unsportsmanlike Conduct - 11.1 (e)	3 game suspension
METCALFE JETS U15 B2	2025-11-14	MATCH PENALTY	(HEO) Attempt to Injure, Headbutting, Kicking - 7.1 (c)	3 game suspension

3. Health and Safety Report:

Two players suffered concussions during separate incidents during a U18 game in November. The first player was knocked out on the ice, was assessed by a coach on the opposite team who self declared as a doctor, and the player was assisted off by coaches and then transferred to CHEO by family. Note that EMT first responders were not called. The second player suffered a hit resulting in an ejection and was also helped off the ice but returned to play. The second player was diagnosed with a concussion the next day and was not cleared to return for 3 weeks.

Observations –

- a. While the coaching staff and volunteers do their utmost to do the right thing for our players it's clear that concussions are very difficult to assess. In talking to coaches and families it's very hard to navigate and the resources are tough to leverage, even for families with high level of awareness.
- b. Even when a player is knocked out on the ice there can be a reluctance to call the EMTs. However, if a player is transferred to the hospital by an EMT they will be attended by the EMT until transferred to a doctor's care. I would like to advocate that coaches err on the side of caution.
 - i. There should be individuals designated and authorized to make the decision to call first responders and ideally are not directly engaged with the game. If the first person designated is distracted or attending to their own family, there should be a backup.
- c. During the first injury timeout it was observed that refs do not document anything on the game sheets if there is no call on the play, leading to difficulty in record keeping and confusion when trying to assess what happened leveraging GIR's or Game sheets. In discussion with GHA Discipline rep, I was asked to document a ref complaint to initiate a review, this has led to conversations between GHA, HEO, and Hockey Canada on if updated guidance to refs is appropriate or warranted. There is no update as of this date.