

Castor River Canucks AGM Report 2025/26

Metcalfe District Hockey Association

Head coaches for Canucks teams were interviewed and selected in the Spring of 2025. The interview panel was put together by the VP of Competitive from RMHA and MDHA and consisted of a number of different people with hockey backgrounds. This season Canucks hosted teams at all age groups from u10-u18.

Canucks tryouts started on Monday September 1st, 2025 with goalies from U12-U16. Goalie evaluations were combined with Blues and Leitrim for cost and time savings. The combined evaluation was run by Capital Goalie School Inc.

Player rust offs started the following day. All players from U10-U16 were given at least one hour of “rust off” ice before evaluations began. All players were evaluated by the selected Head coach for that age group, their chosen evaluators and 2-3 independent evaluators chosen by the VPs of Competitive from MDHA and RMHA. Every player was given at least two ice times for evaluations before any releases were made. Continuations for tryouts were posted on the MDHA website although communications via email were also done throughout the process. The final rosters were posted on the MDHA and RMHA websites and emails were sent to the players and goalies selected for each team.

The U18 age group started their tryouts with exhibition games on September 28th and rosters were finalized by early October. Separate goalie evaluations were done for U18 with the same goalie evaluation company (Capital goalie School)

There were 6 Canucks teams hosted by MDHA and 2 teams hosted by RMHA.

The regular season found our teams in the following positions before playoffs:

U10 – 11 of 15

U11 – 15 of 15

U12 – 10 of 16

U13 – 2 of 16 (**League Champs!**)

U14 – 1 of 15

U15 – 4 of 15

U16 – 9 of 14 (**B Side Champs**)

U18 - 14 of 14 (**B Side Champs**)

Thank you to all of the amazing volunteers, without your tireless work the Canucks would not be a success. I look forward to see you all at the rinks next season.

Julia Tuff

VP of Competitive

MDHA / Castor River Canucks